



Building Support Teams for Success WORKSHOP

Can't come to Nowra?
Online Option via Zoom!



Wednesday 29 November 9:30am - 3:30pm AEDT Quest Nowra, 130 Kinghorne St



Are you looking to build the right support for a person with disability to thrive and live their best life?

Building Support Teams for Success is a one day workshop designed to equip people with disability and their supporters to find what they need to make a rich and fulfilling life a reality.

The workshop will cover:

- How an NDIS plan can support a great life for people with disability
- Planning for an active life in community
- The role of supporters working out what you want support to do
- How the right support can help people with disability move from just "being busy" to "being somebody"
- How to pull together a support team that supports learning, growing and achieving goals
- Where to look for the right people and/or supports



Guest speaker: South Coast local Meg Sweeney

Meg's daughter, who has a disability, has shaped a purposeful life full of work, leisure, family and recreation, all within her local community, by using strategies to find the right support.

Who is this workshop for?

Anyone who is keen to see people with disability enjoy a fulfilling life. People with disability, families and other supporters (such as friends, allies, support team and community members).

Everyone is welcome, please spread the word!

Bookings essential

www.ric.org.au/events/

\$35 - people with disability & families \$50 - professionals

We don't want people with disability and families to miss out. We can help you with the cost, just give us a call.