



Registrations open for two workshops at Ramada Hotel, Ballina

1. Friendships and Community Connections Wednesday, 26 February , 5-7pm AEDT

Many people with disability live their lives surrounded by services or paid staff, with few relationships beyond their families. Having friendships and a community around us is an essential part of a fulfilling life, and provides a safeguard for the future.

This **FREE** workshop is for anyone who wants people with disability to experience a full and rich life at the heart of their community.

More info & registrations:

Scan QR code or visit www.ric.org.au

Cost: Free (registrations essential)



2. My Home, My way, Thursday 27 February 9am-3.30pm AEDT

In this workshop you'll learn about individualised living and the innovative ways that people with disability can live in their own home, while getting the support they need.

Guest Speaker - Annette O'Sullivan

Annette has a long history of passionately advocating for inclusion. Annette's son has been living in his own home for 8 years and lives a meaningful life included in the community.

More info & registrations:

Scan QR code or visit www.ric.org.au

Cost: Fees range \$50-\$75 with an option of \$0 for people with disability and families who find cost a barrier



This workshop is an initiative by the National Alliance of Capacity Building Organisations (NACBO) and the Inclusive Lives: Possibility to Reality Project

Questions? Call us 1800 774 764 or email info@ric.org.au