



# Friendships & Community Connections **WORKSHOP**

**FREE - LUNCH INCLUDED**

**Friday, 28 February  
12.30-2.30pm  
Ibis Styles, Tamworth**



## About this workshop

Many people with disability live their lives surrounded by services or paid staff, with few relationships beyond their families.

Having friendships and a community around us is an essential part of a fulfilling life, and also provides a safeguard for the future.

### Join this 2-hour workshop to:

- Hear strategies that help build a context to relationships
- Find the opportunities in community for engagement & connection
- Discover how to turn everyday situations into moments of possibility
- Learn how to initiate an “ask” or “invitation” to engagement
- Build a community around a person to safeguard their life.



## Who is this workshop for?

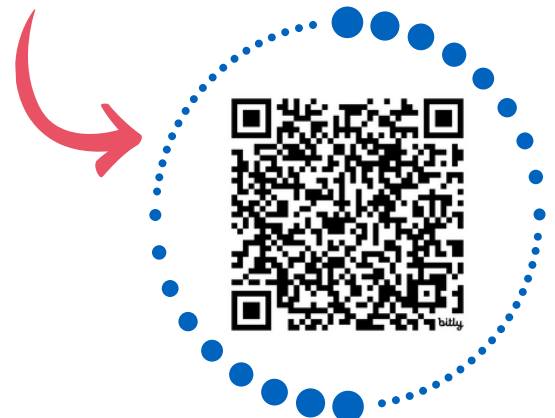
Anyone who wants people with disability to experience a full and rich life.

This includes people with disability, their families, friends, allies, support team and community members.



## Bookings essential

[www.ric.org.au/events/](http://www.ric.org.au/events/)  
or Scan the QR code:



This is a free event, made possible by the Department of Social Services through an Information, Linkages and Capacity Building (ILC) Grant and brought to you by Resourcing Inclusive Communities' *Inclusive Lives - Possibility to Reality* project

**Questions? Call us 1800 774 764 or email [info@ric.org.au](mailto:info@ric.org.au)**